



## **HEEL-GEL ELEVATION BOOT**

Our Heel-Gel Elevation Boot eliminates pressure off of the vulnerable heel area by effectively suspending the heel. Inserted into the boot is a water-based gel pack for additional pressure relief, and this gel-pack also offers the option of hot or cold therapy. The soft and smooth covering protects the skin and makes the boot very comfortable for the patient to wear.

The versatile elevation boot can be secured both at the *ankle only* or at the *ankle/instep* with two soft straps that are closed with a Velcro closure depending if the patients foot tends to move rearward, or left or right inside the boot.

### **Ankle / Instep**

1. Place the patient's foot inside the Heel-Gel Elevation Boot, insuring that the heel is suspended over the air cavity.
2. Place the lower Velcro strap attached to the webbing strip towards the toes.
3. Place the Velcro strap through the lower web loop and secure the closure.
4. Place the ankle strap through the higher web loop near the ankle and secure the closure.
5. All Velcro closures should be snug, not tight.

### **Ankle Only**

1. Place the patient's foot inside the Heel-Gel Elevation Boot, insuring that the heel is suspended over the air cavity.
2. Place the lower Velcro strap attached to the webbing strip upwards towards the ankle.
3. Place both Velcro straps through the web loops on the opposite side of the boot and secure the closures.
4. All Velcro closures should be snug, not tight.

### **Gel-Pack (hot or cold therapy)**

For additional hot or cold therapy, remove the gel-pack by opening the flap on the top of the boot. Submerge the gel-pack in hot water for heat therapy, or place in the refrigerator or freezer (no more than two hours) for cold therapy. Do not microwave or freeze the gel-pack.

### **Cleaning Instructions**

Always remove the gel-pack before cleaning the boot. Do not exceed temperatures of 180 °F (82°C). Do not use chlorine bleach.

### **ATTENTION**

- Inspect the Heel-Gel Elevation Boot before each use for broken stitches, parts, cuts, or tears.
- Remove the Heel-Gel Elevation Boot every 6-8 hours and inspect the patient's skin for discoloration or ischemia.
- Do not use damaged or soiled Heel-Gel Elevation Boots.

### **Warranty**

The Heel-Gel Elevation Boot is warrantied to be free from defects in workmanship and materials under conditions of normal use for a period of six months from date of purchase. Any Heel-Gel Elevation Boot found to be defective will be replaced. Please call your local distributor for warranty replacements.

### **-sizing**

Model #	Description	Fits width
60120S	Small (Petite adult / pediatric)	3"
60120M	Medium (Average adult)	4"
60120L	Large (Large adult / Bariatric)	5"

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